

DR. JEFFREY J. PTAK

SCOTTSDALE, AZ
TELLURIDE, CO



AESTHETIC SURGERY

AMERICAN BOARD OF
PLASTIC SURGERY



Whether a treatment plan involves **face, breast or body surgery** or entails **noninvasive solutions**, board-certified plastic surgeon Dr. Jeffrey J. Ptak takes every measure to ensure his patients feel comfortable participating in the process. His 6,000-square-foot facility, located on the Scottsdale Healthcare Medical Campus, includes a **full medi-spa** offering **adjunct beauty treatments**, including laser skin treatments, Thermage, FotoFacials and massage therapy.

PROCEDURES PERFORMED

- Fat Transfer
- Body Contouring
- Complete Bodylifts
- Liposuction
- Liposelection by Vaser®
- Rhinoplasty
- Facelift
- Mid-Facelift
- Eyelid Surgery
- Thermage™
- Botox®
- Breast Surgery
- Abdominoplasty
- Laser Treatments
- Skin Resurfacing
- FotoFacial®

98%

The percent increase in total cosmetic surgeries from 1997 to 2006.
—American Society for Aesthetic Plastic Surgery (ASAPS)

TOTAL TREATMENTS

Dr. Ptak, who has been practicing for over 20 years, is dedicated to developing relationships with patients in order to achieve the ideal looks they seek. "I am always available to patients, and I genuinely care about the results. I stand behind my work." The sense of discovery that takes place during his lengthy consultations enables Dr. Ptak to interpret what patients want to achieve. "There is an incredible array of tools and techniques that I can utilize to attain patients' goals. It takes a tremendous amount of time and effort to really hear what it is that a patient is looking for."

"The key to successful outcomes lies in listening."

—Dr. Jeffrey J. Ptak

Dr. Ptak believes that plastic surgery is a true blend of art and science, with the power to renew and rejuvenate. "The fundamental roots of plastic surgery are in reconstructing and restoring. I believe it can dramatically change how people see themselves. We take pride in building very solid relationships with our patients and want to help each one look and feel their best in a soul-centered way." Dr. Ptak is dedicated to giving back to the community and has volunteered overseas. He is sought out by the media and has appeared on The Learning Channel, Fox News and ABC Television. He is also listed as a Top Doctor in *Phoenix* magazine.

SUBTLE FACIAL REJUVENATION

ENDOSCOPIC TECHNIQUES

For patients who are not ready for facelifts, **Dr. Ptak** can perform endoscopic forehead lifts or mid-facelifts, which both yield short recoveries and can be combined with nonsurgical treatments.

FAT GRAFTING

Using harvested fat, **Dr. Ptak** can restore youthful plumpness around the eyes to produce a rejuvenated, rested appearance.



"I am convinced more than ever that true rejuvenation of the face is not about 'higher and tighter positioning,' but about restoring the youthful plumpness of the upper half of the face and preventing the sagging of the midface and jawline with minimal tension," says Dr. Ptak. "Young faces have a soft, cushion-like appearance around the eyes and cheeks with robust, silky skin." To rejuvenate aging faces, Dr. Ptak considers fat grafting, in combination with skin-resurfacing procedures and minimally invasive, mostly endoscopic suspension techniques—"the **TRIFECTA OF TRULY ADVANCED FACIAL REJUVENATION.**" "Many of these procedures require 30 to 50 cc's of fat, and roughly half of this volume will take permanently. It's a bargain and uses patients' own tissue," he says of the multiple benefits of fat grafting.